ARB QUICK COMPARISON

Angiotensin Receptor Blockers • Adult hypertension doses

Drug	Typical adult dose (for hypertension)	Maximum dose (per day)
Losartan	50 mg daily	max 100 mg/day
Valsartan	80–160 mg daily	max 320 mg/day
Candesartan	8–16 mg daily	max 32 mg/day
Irbesartan	150 mg daily	max 300 mg/day
Telmisartan	20–40 mg daily	max 80 mg/day
Olmesartan	20 mg daily	max 40 mg/day
Azilsartan	40 mg daily	max 80 mg/day



Monitor BP, creatinine/eGFR and potassium before treatment and 2–4 weeks after starting or increasing dose.





Avoid in pregnancy • Do not combine with ACE inhibitor • Watch for hyperkalemia and hypotension.

Doses vary by indication and patient; not milligram-for-milligram interchangeable.

ARB MEDICINES

Quick comparison • 8 commonly used agents

LOSARTAN



May modestly lower uric acid

VALSARTAN



Established use in heart failure & after MI

CANDESARTAN



Long-acting; evidence in heart failure

IRBESARTAN



Strong evidence in diabetic kidney disease

TELMISARTAN



Long duration; once-daily option

OLMESARTAN



Rare: chronic severe diarrhoea / weight loss

AZILSARTAN



Potent BP lowering; once-daily option

EPROSARTAN



Less commonly used; availability varies

ALL ARBs: monitor potassium and kidney function. Avoid in pregnancy. Do not combine with an ACE inhibitor unless specifically directed.

Choice depends on indication, BP response, kidney function, cost and tolerability. Ask your clinician.