

## History in Nephrology

*Legends whose contributions inspire us even today!*

***IgA – GN    Budesonide***



**Dr. Jean Berger (1921-2011)**  
**French Nephrologist & Renal Pathologist**

- **First described in 1968 (Paris)**
- **Mesangial IgA deposits on immunofluorescence**
- **Recurrent synpharyngitic hematuria**

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**Budesonide targets Peyer's patches in the distal ileum,  
reducing pathogenic IgA production**

**Budesonide acts at the source of abnormal IgA  
production (gut) rather than broadly suppressing  
systemic immunity**

**Evidence**

**Major trial: NEFIGARD Trial**