EXTRACORPOREAL NEPHROLOGY GROUP Journal Review

LANDMARK STUDY

Effect of Treating Hyperphosphatemia With Lanthanum Carbonate vs Calcium Carbonate on Cardiovascular Events in Patients With Chronic Kidney Disease Undergoing Hemodialysis

Compiled by

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1271 Men **864** Women

Adults with CKD, hyperphosphatemia, and ≥1 vascular calcification risk factor

Median age: 69 years

OPEN-LABELLED, END-POINT BLINDED, RANDOMIZED CONTROLLED TRIAL

LOCATIONS

273
Hemodialysis
facilities in Japan



INTERVENTION



2309 Patients randomized2135 Patients analyzed



1063

Lanthanum carbonate

750 mg/d oral lanthanum carbonate (3 doses, 250 mg each, after meals) or previously prescribed dose

1072

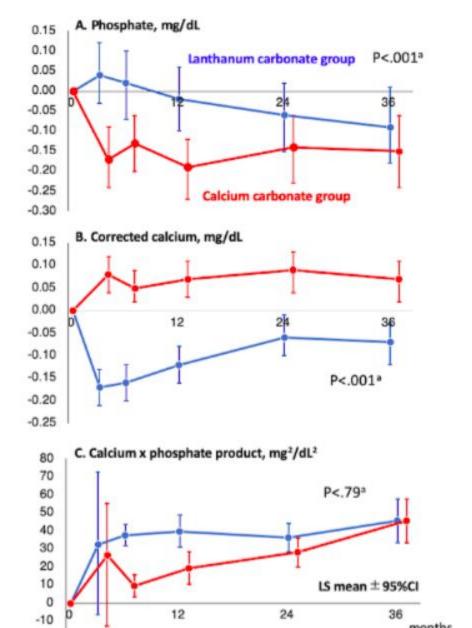
Calcium carbonate

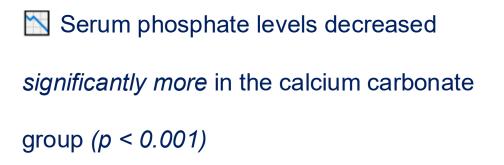
3000 mg/d oral calcium carbonate (3 doses, 1000 mg each, after meals) or previously prescribed dose

PRIMARY OUTCOME

Composite of cardiovascular events: cardiovascular death, nonfatal myocardial infarction or stroke, unstable angina, TIA, or hospitalization for heart failure or ventricular arrhythmia

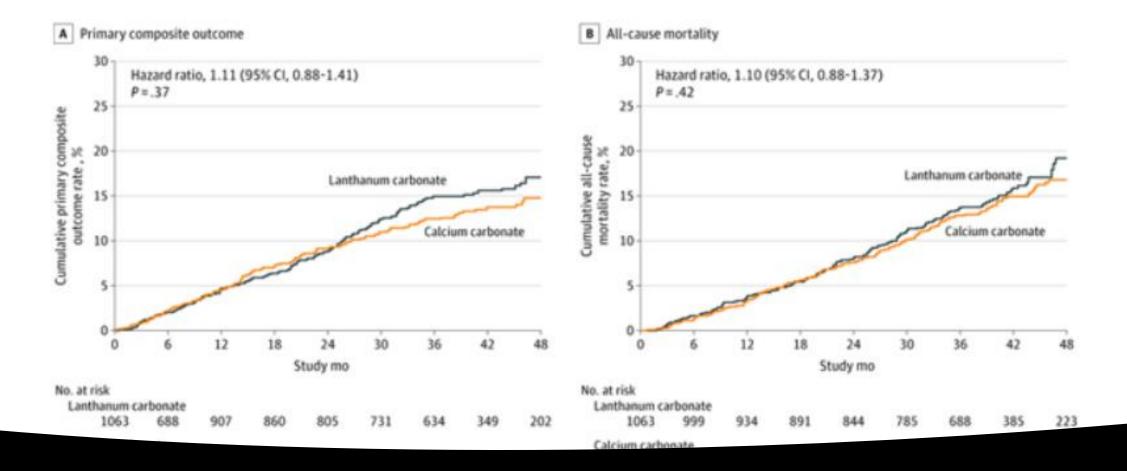






- Serum calcium levels *increased* more in the calcium carbonate (p < 0.001)
- Calcium × phosphate product *increased* in both groups, but the difference was *not*statistically significant





- No significant difference in the composite
 CV endpoint between the two groups.
- No difference in all cause mortality between the two groups.



CONCLUSION

Treatment of
hyperphosphatemia
with Lanthanum
carbonate did not
reduce composite
cardiovascular events

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FINDINGS

Incident rate of composite cardiovascular events

Lanthanum carbonate

4.8 events per 100 person-years (147 of 1063 patients)

Calcium carbonate

4.3 events per 100 person-years (134 of 1072 patients)

The findings were not significant:

Difference, 0.5 events per 100 person-years (95% CI, -0.57 to 1.56)

Hazard ratio, **1.11** (95% CI, 0.88 to 1.41) *P* = .37

